



Health and bodycare

Task 2: Oral interaction:

 <p style="text-align: center; font-size: 1.2em;">A healthy lifestyle leads to:</p> <p style="text-align: center; font-size: 0.8em;">www.TaraBumer.com</p> <ul style="list-style-type: none"> Improved health Stronger Immune system Weight loss Loss in inches Positive attitude Better outlook on life More energy Enthusiasm Joy 	<p>Candidate A:</p> <p>You are with a friend talking about how you're not feeling well, maybe because you've been working/studying a lot and you don't have much free time. You and your partner have about 3-4 minutes to talk about how you're feeling and how to change some of your habits to improve your and your friend's health and lifestyles.</p> <p><u>Here are some ideas:</u></p> <ul style="list-style-type: none"> • Discuss your health problems and symptoms • Things that you can do: follow a healthy diet, go to the doctor's, change some routines (e.g. sleep for 8 hours) <p>You have 3 minutes to prepare your ideas individually.</p>
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