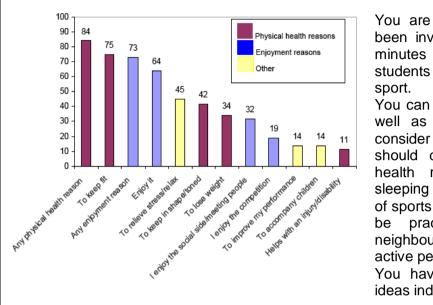
Free time and entertainment



Task 1: monologue

You are a reputable doctor and have been invited to give a talk of about 5 minutes to some secondary school students about how important it is to do sport.

You can mention the following points as well as anything else that you may consider relevant: reasons why students should do sport (enjoyment reasons, health reasons – e.g. solution for sleeping problems and stress...), types of sports and how frequently they should be practiced, possibilities in their neighbourhood, appropriate diet for active people, etc.

You have 4 minutes to prepare your ideas individually.