

Conversation questions: FOOD and DIET

Level

Intermediate

Skills practiced

Speaking on food and diet. Vocabulary on this topic.

Time

20 minutes.

Preparation

Print out a set of cards. There should be at least one set per small group (around three or four students).

How it works

This activity can be used before a debate on this topic.

Give each small group a set of cards. Tell them to put the cards on the table facing downwards. They'll have to take it into turns to pick up one of the cards and ask the questions on it to one of the other classmates.

Then there can be a whole-class discussion.

What's your favourite dessert? How often do you eat it?

Do you think you have a generally healthy diet? What have you eaten so far today?

If you visited countries where people ate the following foods, would you try any of them: monkey, snake, dog, insects? Why or why not?

What's the strangest thing you've ever eaten? Where were you? Why did you eat it? Would you eat it again?

What foods do you eat when you feel sick or depressed?

Do you think a vegetarian diet is better than a diet that includes meat? Why or why not?

When you are eating dinner at a friend's house, do you ever ask for seconds? Do you accept seconds if they're offered?

Are there any foods that you would not eat as a child that you now like? Why do you think this is?